

Wednesday 3 June

5:20pm - 6:00pm

Room: Block Y, Room Y306

Presentation Title: Achieving your G.O.A.L.

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Theme:	Self-directed and self-access learning
Presentation Type:	Paper presentation

Abstract

Learning a language can be a frustrating process if a learner does not have set goals. Goal-Oriented Action Learning (GOAL) is a learner-focused methodology that guides learners step-by-step towards creating a unique learning plan designed especially to help achieve a specific language learning goal. Areas focused on included needs analysis, goal setting, time-management and learning strategies. This paper presents a study conducted on three students over a period of two semesters. The learners were asked to decide on a goal, actively reflect on their learning each week through a written diary, and finally, to write and carry out a learning plan that would help them to achieve their goals. At the end of the course, an interview was conducted to determine if the learners found this method of learning effective or not. Results were positive as learners reported an improvement in their language learning abilities. They also felt that with GOAL, they had succeeded in becoming more independent learners.